Dixon Road Elementary
Peer Helper Program

Introduction and Information
Why Peer Helping?

Peer helping programs are active in elementary, middle, high schools and colleges.

Also, hospitals, corporations and other organizations use peer assistance program to assist and give support.
What are the Benefits of Peer Helping?

Peers help other students to feel capable, understood, and responsible.

Peer helpers teach students:

- decision-making skills to help with negative peer pressure;
- communication skills to understand and be understood;
- value of self-esteem/friendships, and
- supportive techniques for academic and personal achievement.
What is Peer Helping?

Students usually seek out their peers when they are faced with worries, concerns, or frustrations.

Peer Helpers are trained and supervised to provide any or all of the following:

- Listening and understanding;
- Friendship and support;
- Decision making assistance;
- Tutoring and academic help;
- Mediation and conflict resolution;
- Problem-solving assistance; and
- Role modeling for younger children.
How Do Peer Helpers Help?

- **Peer Tutors**: helping students with academic, social skills learning, and setting goals;
- **Buddies**: helping younger or new students make transitions;
- **Orientation guides**: helping student that are new to our school;
- **Discussion Leaders**: assisting with topics of concern to other children;
- **Special Project Assistants**: assisting teachers and staff with projects that would benefit others;
- **Peer listeners**: helping others sort-out concerns, brainstorm ideas, and provide practical help;
- **Conflict Mediators**: assisting others to resolve disputes
What Peer Helping Is Not!

Peer helpers do not make decisions for others.

They may suggest options or alternatives, identify consequences or share their appropriate experiences, but they do not give advice or tell others what to do.
What is Required to Be Considered for a Position as a DRES Peer Helper?

- effort and enthusiasm;
- hard work and willingness to plan and work as a team;
- able to meet Fridays during your lunch time;
- commitment to DRES Peer Helper Program;
- willingness to create a new program that is committed to helping others;
What resources are used in meetings?

Text used--Building Everyday LEADERSHIP in all Kids: An Upper Elementary Curriculum to promote attitudes & actions for respect & success.

We will work through lessons on:

- Active Listening
- Appreciating others
- Building Friendships
- Bullies, cliques and Peer pressure
- Communication
- Creative Thinking
- Decision Making
- Discernment (identify what’s important and then prioritize)
- Ethics (determine what’s right and wrong)
- Feedback
- Goal Setting
- Leadership Basics
Remember...School is your first priority!
You must be committed to:
• completing homework,
• trying your best and
• making healthy choices about yourself.

Dixon Road Staff is excited to have your help!!!!

Questions? Feedback about this presentation or the program?